**How \_\_\_PT is Protecting Patients & Staff**

Novel human coronavirus disease (COVID-19) is of concern to all of us.

We are taking tangible steps to help prevent the spread of disease and protect our patients and staff.

**STAY AT HOME IF YOU ARE SICK**

A key point is keeping people who are ill away from other people. Therefore, we have instructed any staff feeling ill to remain at home. We ask the same of any patients feeling ill.

**PRACTICE PROPER HAND & WRIST HYGIENE**

Wash your hands – and your wrists often. Staff regularly wash their hands between patients, but we are placing extra emphasis on this. We ask patients to wash their hands, or use hand sanitizer, before and after treatment.

**COVER YOUR COUGHS & SNEEZES WITH A TISSUE**

Please cover your mouth and nose with a tissue when coughing or sneezing. If no tissue is handy, sneeze or cough into a bent elbow. Wear a mask if you are coughing or sneezing regularly.

**AVOID TOUCHING YOUR EYES, NOSE OR MOUTH**

People frequently touch their eyes, nose or mouth without even realizing it. Try and eliminate this behavior, particularly after touching objects or being around someone who is coughing or sneezing.

**CLEANING & DISINFECTION IN OUR CLINIC**

We have always practiced good cleaning and disinfecting protocols and have increased the frequency and depth of those efforts. Rest assured that we are paying extra attention to items that are frequently touched.